

HOW TO FIND US UNIQUE YOGA RETREATS & ECO-LODGE

Please let us know how you will be arriving in Mission Beach and your expected time of arrival. When you arrive in the carpark, you will notice a shelter with a telephone in it. Lift the handset and a 4WD vehicle will come down to transport you and your luggage to Reception. On the other hand, if you just have light things, then the sign that says "Forest Walk" will lead you via a beautiful (but steep) rainforest walk to Reception. The distance is 600m and will take about 10 minutes but please don't attempt in the dark or if you have heavy luggage.



MISSION BEACH TO CAIRNS 140KM



MISSION BEACH TO TOWNSVILLE 230KM

ARRIVAL

Please let us know how you will be arriving in Mission Beach and your expected time of arrival, please give this information to the host of your group or direct to Sanctuary. Please arrive at Sanctuary in daylight where possible, to enable you to get your bearings in the rainforest before it comes alive by night. You may arrive anytime after 10 AM. Your room will be available by 2 PM, though earlier if possible. For evening arrivals, last orders for the restaurant are taken at 7.45 PM (please telephone ahead if you plan to arrive after dark and wish to dine in the restaurant). Last check in is at 9.00 PM.

SELF-DRIVE

When you arrive in the carpark, you will notice a shelter with a telephone in it, lift the handset and a 4WD vehicle will come down to transport you and your luggage to Reception. Many car rental agencies operate in both Cairns and Townsville. **Sugarland Car Rentals** also has a depot in Mission Beach for one way rentals. (T: 07 4068 8272)

BUS

If travelling by bus, please telephone Sanctuary with your bus arrival time at least one day prior to your arrival. **Greyhound** coaches (T: 1300 473 946) stop at Mission Beach Central (also known as Wongaling Beach) terminal. Sanctuary is about 15 kms north of the coach terminal. The **Mission Beach Taxi** (T: 0429 689 366) can transfer you to Sanctuary. It's generally advisable to call them beforehand so they can meet you when the coach arrives.

SANCTUARY RETREAT

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